



TUESDAY A.M. PRAYER GROUP  
TUES. @ 6:45 A.M. BYC RM 202  
NEIL PARRETT 3-987-4315

SENIOR MEN'S FELLOWSHIP/SUPPORT  
WED. @ 11 A.M. BYC RM 202  
BOB SAXE 3-985-7763

MEN'S PRAYER & ACCOUNTABILITY  
THU. @ 6:30 A.M. BYC RM 201  
DOUG HOWELL 3-989-8845

BOOK STUDY & PRAYER  
THU. @ 6:00 A.M. AT PERKINS  
EARL WILLIAMS 3-935-3169

MEN'S PRAYER/SHARING  
FRI. @ 6:45 A.M. BYC RM 201  
JIM WILSON 3-985-8665

**MEN'S BASKETBALL!**  
MONDAY NIGHTS FROM 7-9 IN THE GYM.  
(WE BREAK DURING FOOTBALL SEASON -  
SEE YOU AFTER THE SUPERBOWL!)  
CALL BRIAN HANNIS  
303-716-3091



# In The Battle

Do you feel hopelessly hooked on pornography and sexual sin?

***There is hope.***

Join men just like you who are finding freedom in the **In The Battle Men's Group.**

Breaking the secrecy is absolutely vital to get free from the pull of sexual sin. This group provides a safe, confidential way to start.

Send a note with instructions to contact you to the

Bear Valley Church office attention [In The Battle](#),

or email us at:

**[InTheBattle@juno.com](mailto:InTheBattle@juno.com)**

# Bear Valley Counseling Center 3.763.9367

We are committed to offering counseling services to all who have a need. Our fees are based on a sliding scale which allows not only those with low incomes, but also those with moderate incomes to receive quality counseling. Counseling is about loving people - and our counselors serve as catalysts for the growth and maturity that God desires for each of us!

LuAnn Turner, LCSW, Director

Carol Nordlander, L.P.C.

Carol holds a Master of Arts in Christian Counseling and offers experience in working with women, couples, parents and their families, and missionaries on Burrough. She has received specialized training in Theophostics and EMDR.

Chuck Fallon, M.A.

Chuck holds a Master of Arts in Christian Counseling. He specializes in work with men with couples in crisis, and with premaritals. His passion is for healthy marriage, and he and his wife conduct marriage seminars.

Betsy Pruitt, M.A.

Betsy holds a Masters in Counseling from Colorado Christian University. Her specialties include grief and loss counseling and women's issues. Betsy is also a certified chaplain.

Bill Donaldson, L.P.C.

Bill holds a Master of Divinity degree in Counseling from Denver Seminary. He specializes in grief and loss issues, divorce recovery, male stress and burnout, gender identity issues, sexual abuse and addiction issues. He also offers career counseling and coaching. In addition to his counseling practice he enjoys speaking at conferences, workshops and retreats.

# MUSCLE & INTEGRITY

Bear Valley Church  
Men's Ministries  
www.muscleintegrity.org

10001 W JEWELL AVE  
LAKEWOOD, CO  
80232  
(303) 985-4000



The world has yet to see what God will do with, and for, and through, and in, and by, the man who is fully consecrated to Him."  
- H. Varley

## POWER & PRAISE 3

Coming Fall 2004

## Spring Retreat

APRIL 16 - 18  
YMCA OF THE ROCKIES  
ESTES PARK, CO.

FEATURED SPEAKER:  
BRONCOS RING OF FAME  
PLAYER

### KARL MECKLENBURG

MARK YOUR CALENDARS NOW FOR  
THIS EXCITING WEEKEND!  
COST IS \$110 PER PERSON  
PAY ONLY \$95 IF YOU REGISTER BY  
MARCH 14

### MEN'S SUNDAY SCHOOL CLASS SUNDAY MORNINGS - 9A.M.

BOOK STUDIES, BIBLE STUDIES AND  
CHARACTER STUDIES  
ALL GEARED TOWARD MEETING MEN  
WHERE THEY ARE IN THEIR DAILY  
LIVES.

STRENGTH AND CONDITIONING THAT  
BUILDS CHARACTER BY MOVING YOU  
TOWARD A CLOSER RELATIONSHIP  
WITH GOD.

#### CONTACT:

TIM ORRINO 3-989.6187  
DARWIN BOLDT 3-937.7499

Want to start your own men's  
prayer & accountability group?

Accountability is the biblical formula for solid  
growth. Starting out right can mean the  
difference between success & failure.

If you'd like help forming a group contact  
LuAnn Turner or Tim Orrino.

*"As iron sharpens iron, so one man sharpens another." (Prov. 27:17)*

MUSCLE & INTEGRITY